ABSTRACT

Headrest for vehicle seat, having generally "inverted L" shape in section comprising a horizontal top portion and a vertical support portion. A headrest stay element provided to the horizontal top portion is slidable vertically on a seat back. The vertical support portion is rotatable or swingable relative to the horizontal top portion in forward and backward directions, and normally biased in the forward direction so as to resiliently support a head, shoulder and upper back portions of a seat occupant without giving unpleasant protrusive touch thereto. The headrest stay element is operatively connected with a seat cushion of the seat, such that flipping over of the seat cushion automatically causes the headrest to lower to the seat back, thereby allowing the seat back to fold down without contact of the headrest with the seat cushion.